

# June Battle Creek CentraCare Menu



Monday	Tuesday	Wednesday	Thursday	Friday
				<b>1</b> TUSCAN SHRIMP PASTA GREEN AND WAX BEANS BANANA CARAMEL CAKE WHOLE GRAIN ROLL
<b>4</b> QUICHE LORRAINE WITH BACON POTATOES O'BRIEN FRESH CUT FRUIT FRUIT MUFFIN	<b>5</b> CHEESEBURGER LETTUCE TOMATO AND ONION OVEN BAKED FRIES AMBROSIA SALAD KAISER ROLL	<b>6</b> BEEF ENCHILADA BAKE CILANTRO RICE APPLE COBBLER SHREDDED LETTUCE AND TOMATO TORTILLA CHIPS	<b>7</b> PIZZA PARTY TOSSED SALAD WITH DRESSING	<b>8</b> ROASTED PORKLOIN STEAMED BROCCOLI APPLE PIE WHOLE GRAIN ROLL
<b>11</b> BAKED CHICKEN BREAST RICE PILAF ROASTED BABY CARROTS FRESH CUT FRUIT WHOLE GRAIN ROLL	<b>12</b> HUNGARIAN GOULASH TOSSED SALAD WITH DRESSINGS CHEESE CAKE WITH STRAWBERRIES WHOLE GRAIN ROLL	<b>13</b> <i>Father's Day Meal</i> BEEF ROAST WITH GRAVY BAKED YUKON POTATOES BRUSSELS SPROUTS WITH BACON COCONUT CREAM CAKE WHOLE GRAIN ROLL	<b>14</b> <i>Flag Day</i> BEEF STROGANOFF TOSSED SALAD WITH DRESSING FRESH CUT FRUIT WHOLE GRAIN ROLL	<b>15</b> EGG AND CHEESE QUICHE ROASTED RED SKIN POTATOES FRESH FRUIT FRUIT MUFFIN
<b>18</b> BEEF TIPS AND GRAVY MASHED POTATOES FRESH GREEN BEANS PEACHES AND CREAM BEEF TIPS AND GRAVY	<b>19</b> HERB ROASTED CHICKEN TOSSED SALAD AND DRESSING CHERRY CRISP WHOLE GRAIN ROLL	<b>20</b> BBQ PULLED PORK COLESLAW BAKED BEANS CONFETTI CUPCAKES W/ SPRINKLES WHOLE GRAIN ROLL	<b>21</b> <i>June Solstice</i> PORK ROAST WITH GRAVY MASHED POTATOES CORN, PEAS AND CARROTS CONFETTI CUPCAKES W/ SPRINKLES WHOLE GRAIN ROLL	<b>22</b> PIZZA PARTY TOSSED SALAD WITH DRESSING
<b>25</b> CHICKEN PARMESAN PENNE MARINARA CEASAR SALAD WARM CINNAMON APPLES WHOLE GRAIN ROLL	<b>26</b> MACARONI AND CHEESE STEAMED BROCCOLI OATMEAL CAKE BAKE WHOLE GRAIN ROLL	<b>27</b> HOMEMADE MEATLOAF MASHED POTATOES FRESH GREEN BEANS CORN PUDDING WHOLE GRAIN ROLL	<b>28</b> SMOTHERED PORK LOIN GREEN BEANS WARM CINNAMON APPLES CORNBREAD MUFFIN	<b>29</b> SLOPPY JOES CHESEY POTATO CASSEROLE APPLE PIE WHEAT HAMBURGER BUN
	Each meal meets the new A.A.A. approved nutritional guidelines. All meals have between 80-120 grams of carbohydrates. All meals are trans-fat free.			