




April Food For All Hot Menu



| Monday | Tuesday | Wednesday | Thursday | Friday |
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| 2 CHICKEN PARMESAN PENNE MARINARA BRUSSELS SPROUTS WARM CINNAMON APPLES WHOLE GRAIN ROLL | 3 MACARONI AND CHEESE SAUTEED SPINACH OATMEAL CAKE BAKE WHOLE GRAIN ROLL | 4 HOMEMADE MEATLOAF MASHED POTATOES STEWED TOMATOES CORN PUDDING WHOLE GRAIN ROLL | 5 SMOTHERED PORK LOIN COLLARD GREENS WARM CINNAMON APPLES CORN BREAD MUFFIN | 6 BEEF SLOPPY JOES BAKED BEANS CHOCOLATE ZUCCHINI CAKE WHEAT HAMBURGER BUN |
| 9 CORNED BEEF HASH SCRAMBLED EGGS PEACH COBBLER FRUIT MUFFIN | 10 VEGETABLE LASAGNA HARVARD BEETS BLUEBERRY AND CHERRY CRISP WHOLE GRAIN ROLL | 11 TEXAS CHILI WAX BEANS AND PEPPERS BANANA BREAD PUDDING CORNBREAD MUFFIN | 12 COUNTRY FRIED CHICKEN MASHED POTATOES AND GRAVY SWEET CORN PEACH COBBLER WHOLE GRAIN ROLL | 13 BLACKENED TALAPIA FILLET SAUTEED SPINACH RICE PUDDING CORNBREAD MUFFIN |
| 16 DIRTY RICE BLACK EYED PEAS CHERRY COBBLER WHOLE GRAIN ROLL | 17 Taxes Due MACARONI AND CHEESE SAUTEED SPINACH OATMEAL CAKE BAKE WHOLE GRAIN ROLL | 18 SPAGHETTI WITH MEATSAUCE GREEN BEANS AND CARROTS PEACH CRISP WHOLE GRAIN ROLL | 19 SWEET AND SOUR PORK BROWN RICE SIMMERED GREEN CABBAGE PINEAPPLE UPSIDE DOWN CAKE CHOW MEIN NOODLES | 20 BBQ CHICKEN THIGH COLLARD GREENS BANANA BREAD PUDDING BUTTERMILK BISCUITS |
| 23 QUICHE LORRAINE POTATOES O'BRIEN PEACH CRISP FRUIT MUFFIN | 24 CHICKEN POT PIE MAPLE GLAZED CARROTS APPLE CRUMB CAKE BUTTERMILK BISCUIT | 25 Admin Assist Day BEEF ENCHILADA BAKE CILANTRO RICE APPLE COBBLER WHOLE GRAIN ROLL | 26 SMOTHERED PORK COLLARD GREENS WARM CINNAMON APPLES WHOLE GRAIN ROLL | 27 BEEF STROGANOFF SAUTEED SPINACH SPICED APPLE RINGS WHOLE GRAIN ROLL |
| 30 VEGETABLE FRITTATA BLUEBERRY OATMEAL PORK SAUSAGE LINKS FRUIT MUFFIN | | | |  |

Senior Services



Each meal meets the new A.A.A. approved nutritional guidelines.
 All meals have between 80-120 grams of carbohydrates. All meals are trans-fat free.